

Patient Instructions

Name of Patient: Duncan Graham

age 70

Description of the patient & instructions to simulator:

You and your wife have had flu like symptoms. Your wife was first last week. You were treated for a chest infection by Dr Coyne 2 months ago but generally you are not prone to chest problems. You have felt well for the last 6 weeks until 3 days ago.

You have not been particularly breathless with this. "Sometimes I feel a bit breathless, but I don't get much exercise, so if I'm walking up the stairs with a cup of tea, I get a bit - you know, but I'm okay.

I've been a little wheezy with this. My wife says I sound like a cat crying at night with my chest.

There is no blood in your spit. "It's... what I've got coming up my nose is a very light yellow, a very light yellow."

Your weight yo-yos. No, it goes up and down like a yo-yo. "Sometimes I'll starve myself and have a lovely tea and then have a bit snacks and I'm up to 16 stone."

You have come today, although you are starting to feel better, because your wife dragged you.

You walk with a limp and a walking stick because of an injury that you had on a motorbike 50 years ago. The hip doesn't really bother you.

PSO

You stopped smoking 5-6 years ago (because one of your daughters asked you to). I was a smoker for 50 years and coughing up phlegm was a normal thing for a smoker, you know, and I finished with it and I stopped coughing up phlegm. I thought this is brilliant this, and then it's come back again slightly, you know.

You are a retired salesman. Happily married to your wife Yvonne. 9 pints of beer a week. I drink on a weekend, but it's not a big deal, not a big deal. I'm only drinking sugar, isn't it, that's why I've got this (you point to your belly), with drinking.

Friday night, I'll probably have four, Sunday night, I'll probably have about five.

As I say, when it comes to drinking in the house, I couldn't thank you for it, it's just social drinking.

You like fishing. You have 2 daughters who live locally.

First line and history

Three days ago I was cold, couldn't get warm.

Two days ago, nose blocked up, coughing all the time, my throat's sore. Last night, woke up, perspiration all over, soaking wet – aches and pains.

Started as a cold and I've been going to bed and - but last night I took a couple of paracetamols, for some reason my thighs, here, were aching, I couldn't - so I took a couple of paracetamol and at two o'clock in the morning my wife says, 'you were lying there with beads of sweat', you know.

Ideas – I think what it is, I think it's the flu. I've had it two or three times and it always starts off with a cold. I can remember one year, sitting in front of the gas fire, like, freezing, which is stupid, but that's what it was – as I say, I was sitting, you know I'm in a warm house but I'm cold like that. You know, it starts off like that, and it generally deteriorates into this then goes away, but this is a week now, like you know.

Concerns – No, no worries at all.

Expectations – So do you think just some antibiotics, or what? I'll go with your recommendation. Nothing else.

If asked for more detail: "Okay then. As I say, I'm not the one for wanting antibiotics, I just wondered if they would help." "I wouldn't pressure you to give me antibiotics."

